

# Love Sacrifice and the ordeal to become a SEAMAN

Choosing to embark on a career at sea requires a lot of determination and courage but most highly entails sacrifice and torment to go FOR and AGAINST

For: a tax free salary, professionalism, high job fulfillment, amity, travel.

Against: anti-social, increasing commercial pressure, risk of being marched down the gangway in shackle, poor treatment of seafarers, dearth of social and sexual complement, negatively worldwide view of shipping industry. But most of all spending long periods away from loved ones/family/friends.

A kiss from a seafarer to his wife and kids at the ship's gangway, at the taxi terminal, at the bus station is the most bitter kiss a man can give...those many times waving goodbye were the most aching feeling no one ever want to feel. Because along with this goodbye is no assurance of ever coming back. That's what being a seafarer takes all.

Appreciate our seafarer's sacrifice for the love of family to give a better living. Put yourself in their shoes and you will know what "LIFE & LOVE really means.



# **HSE PLAN REVIEW 2012**

This year's HSE Plan Review was held on the 9th of August 2012. It was conducted by SMR representatives (Angelene, PG Hj Ishak & Hon Ping Heng) HSE Plan Review aims to look about the status and progress of achieving the plan set. Discussion covered the strengths and weaknesses of each area of responsibilities. Evidences are shown to support compliance and achievements of the target or moreover.

Rooms for improvements and recommendations are given at the end of the review.



#### **BUKA PUASA**

In unity with the fasting month, every year the company is having a sungkai buffet in participation of all lantana employees onshore and offshore. This year we all gathered in swiber base on the 9th of August 2012 to break a fast. Another one held in Imperial Hotel Miri It was indeed a great opportunity to be united as one during this season.



Lantana staffs and crews at Swiber Base



Senior Officer at Imperial Palace Hotel Miri

## OFFICE DRILLS



As part of the safety compliance, the company is conducting an office drill every month to promote knowledge and awareness on how to respond with any possible emergency situation that may occur in workplace. This was all conducted by the Emergency Respond Team (ERT) Capt. Eugene (adviser) Sufia and Shahiela (fire warden) Chang (first aider) Daniel Chai, Jacinta and Aizul (assistant)



Stanley with the crew on BLA training at BSP3

#### **BLA TRAINING**

Boat Landing Attendant Training conducted by Stanley (SQE) on the 16th of August 2012 and was held at BSP3.

The objective of the training is to familiarized the crews with knowledge, understanding and proficiency needed to undertake the role of the BLA. The training takes into account the guidelines for operational implementation by the company and clients' procedure.

### **CELEBRATE LIFE**





HAPPY BIRTHDAY
To all August Celebrants

#### MESSAGE FROM MD



I would like to extend my best wishes for the blessings of health and prosperity to Staffs and to all Marine Crew onboard Company vessel.

"Drive Safely for the sake of loved ones."

#### Abdul Haji Bin Jamaludin



BEST PAKAT OF THE MONTH

I saw one crew in danger in striking against while lifting operation, the cargo

will sway toward him because the vessel rolling moderately. Inform to that crew to clear that area and show him safe area with route for escape in case the cargo will strike against him. Agreed and done.

Rhenan Dela Torre Baballo

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### LTIF - TRCF

A- Fatality B- LTI
C- Incidents (MTC, RWC, Occupational illness D- Other Incidents E-Near Miss







